

Daily Procedures Guidelines for Families

What is the goal of the Kidney Center's new daily procedures for dialysis?

The Kidney Center is committed to being a safe and engaging educational environment! To help make this happen, we will be introducing some new procedures, in order promote a safe and engaging environment for everyone.

Why are these procedures being put in place?

- To keep patients, families, and staff safe
- To make sure that everyone gets what they need
- To make sure everything that has to get done, does get done
- To create a sense of normalcy, increase functioning, and promote psychosocial well-being

How will this work?

The first and last hours will be **quiet time** -this is when patients will get “put on” and “taken off”. During this time:

- For patient safety, there will be no TVs out and no personal devices used
- Only 1 guardian allowed at chair side during put on/take off
- 2 people can be at chair side during treatment (additional visitors may wait in the lobby & rotate visiting)

Some ideas of activities during quiet time:

- Homework from home school or CHCO teacher
- Read to yourself or read aloud
- Meet with a care team member
- Seacrest Studio activities
- STEM activities
- Arts and Crafts
- Eat breakfast or lunch (Our dieticians require that patients eat **at least half** of their meal before any screen time, even if this means that quiet time extends past the first hour)

After the first hour comes **free choice time**! Here are some ideas of what is available to you:

- Any of the activities listed above for quiet time
- Participation in art therapy
- Play a game or chat with someone sitting nearby
- Watch a movie using headphones
- Finish eating breakfast/lunch

Masks should be worn at all times on the unit (covering nose and mouth) and headphones should be used during any electronic device activities that make noise.

What awesome things will happen when I follow these procedures?

- You will be safe
- You will learn
- You will have a chance to get the support that you need from various care team members
- You will have a chance to earn tickets towards prizes (for certain activities/games)!

Notes: There may be some patients with developmental differences who will need a tailored/individualized program. Care team trumps everything else. Care team members may include doctors, nurses, social worker, dietician, psychologist, teacher etc.